

CHILD CARE HEALTH CONSULTANT PROGRAM



A Child Care Health Consultant is available through each of the regional Child Care Resource Centers to support child care providers with implementing best practices in health, safety, and nutrition.

The Idaho CCHC Program Supports Child Care Providers by:

- Offering guidance and resources on a variety of health, safety, and nutrition topics
- Communicating health and safety requirements for state and local licensing and National Health and Safety Standards
- Providing health, safety, and nutrition training and onsite coaching
- Helping create environments that best support the healthy growth and development of every young child

To Access the CCHC Program

- Contact your local Child Care Resource Center
- Ask for a referral from your local health inspector
- Enroll in Idaho's Quality Rating and Improvement System, Steps to Quality
- Call the Idaho Care Line by dialing 2-1-1, or 1-800-926-2588, and request the Child Care Health Consultant Program

VISIT idahostars.org | CALL 211 or 1-800-926-2588



MEET OUR CHILD CARE HEALTH CONSULTANTS

Kathy Gates, RN

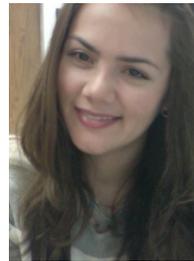


Kathy is the IdahoSTARS Child Care Health Consultant for Regions 6 and 7. Kathy brings over thirty years of experience as a Registered Nurse to the Idaho Child Care Health Consultant Program.

Her work areas have included Neonatal Intensive Care Unit, Pediatric Intensive Care Unit, and Pediatrics, and work in a pediatrician's office.

Kathy moved to Idaho over twenty years ago from Louisiana. She is married and has two adult children. Her favorite pastime is being Granny to her granddaughter.

Veronica Bonilla-Pachec



Veronica is the IdahoSTARS Child Care Health Consultant for Regions 1 and 2. She was born in Puerto Rico but moved to the Pacific Northwest to complete her M.A. in Human Development and Ph.D in Prevention Science at Washington State University. Her areas of expertise include infants' motor and language development and children's self-regulation and obesity prevention. These areas are focused on the

promotion of physical health, approaches to eating, and good nutrition.

Veronica also holds a B.S. in Psychology and knowledge in the area of adverse childhood experiences. She has implemented an adverse childhood experiences pilot program for improving the overall wellness of families with parents with adverse childhood experiences. She is excited to be part of IdahoSTARS and is able to support you in the implementation of best practices related to health and safety.

Darcie Wickard



Darcie is excited to join IdahoSTARS as the Child Care Health Consultant for Regions 3, 4, and 5. She recently moved "home" to Boise from Portland, Oregon to be near family as she and her husband raise their son.

Darcie has over 20 years of experience in the Early Childhood Education field and has spent the past 15 years working directly with infants, toddlers, and their families in high quality child care programs. She received her undergraduate degree from the University of Idaho and will always be a Vandal at heart. She received her master's degree in Early Childhood Education from Portland State University as well as an Infant Toddler Mental Health Graduate Certificate. Some of her specialties include feeding, sleeping, health & safety, relationships & language in the infant/toddler classrooms and beyond.

Darcie looks forward to visiting the amazing programs you all have to offer. She is happy to share her direct experience working with infants and toddlers and collaborate with your program to provide the best for Idaho's children.

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