



Idaho Youth Treatment Program

AN ALCOHOL AND DRUG TREATMENT PROGRAM FOR YOUNG ADULTS (18-25).

6 months of research-based treatment | no fee for services

The Idaho Youth Treatment Program (IYTP) is an evidence-based project providing drug/alcohol treatment (and mental health treatment if needed) to Transitional Aged Youth (TAY), 18-25 year olds under a four year grant from SAMHSA.

IYTP therapists listen to our participants; they want to know what's important to you and help you identify goals and learn how to achieve them. You'll learn various skills, such as problem-solving and positive communication, which will help you have a better quality of life.

Goals

- Decrease the use of alcohol and drugs
- Improve communication with family
- Increase participation in non-using social activities
- Increase positive relationships with peers
- Provide information about effective parenting

“I learned coping skills that not only helped me with my treatment, but also with living life. So to the person who might not want to come in, I'd ask, 'What do you have to lose?' You get someone to talk to and get stuff off your back.”

-17 year old male 12 months after beginning treatment



Contact a provider >>>

Region 4
Ada, Boise, Elmore, & Valley Counties
Recovery 4 Life
(208) 376-7083

Region 3
Adams, Canyon, Gem, Owyhee, Payette & Washington Counties
Recovery 4 Life
(208) 376-7083

Region 2
Clearwater, Idaho, Latah, Lewis, & Nez Perce Counties
Snake River Rehabilitation Counseling Service
(208) 746-7661
ChangePoint (208) 750-1000