



# Idaho Youth Treatment Program

## AN ALCOHOL AND DRUG TREATMENT PROGRAM FOR YOUNG ADULTS (18-25).

**6 months of research-based treatment | no fee for services**

The Idaho Youth Treatment Program (IYTP) is an evidence-based project treating Transitional Aged Youth (TAY), 18-25 year olds, with Substance Use Disorders (SUD) or co-occurring disorders under a four year grant from SAMHSA. This research-tested intervention has been used in over 100 organizations across the United States, Canada, and Brazil.

IYTP helps a young person learn there are ways to enjoy life without alcohol and drugs. Recovery is a process that takes time, and this intervention can help youth learn to make better decisions and improve their relationships with caregivers, teachers, peers, court personnel, and others in their lives.

How is IYTP structured?

- Six months of research-tested substance abuse treatment
  - Three months of individual substance abuse treatment in the office (usually weekly sessions)
  - Three months of individual continuing care in the home and community (usually weekly sessions)

Referrals accepted from:

- Self-referral
- School staff
- Corrections
- Law Enforcement
- Problem-Solving Courts
- Vocational Rehabilitation
- Other individuals working with young adults



Contact a provider ►►►

### Region 4

Ada, Boise, Elmore, & Valley Counties  
Recovery 4 Life  
(208) 376-7083

### Region 3

Adams, Canyon, Gem, Owyhee, Payette & Washington Counties  
Recovery 4 Life  
(208) 376-7083

### Region 2

Clearwater, Idaho, Latah, Lewis, & Nez Perce Counties  
Snake River Rehabilitation Counseling Service  
(208) 746-7661  
ChangePoint (208) 750-1000