



IDAHO WIC PROGRAM

PARTICIPANT RIGHTS AND RESPONSIBILITIES

What does WIC expect from me?

Buy WIC-approved foods:

I will buy only the foods listed on my WIC checks and on the current Idaho authorized food list from any Idaho WIC authorized vendor. I will use the foods only for the person(s) on the program. If I share custody of my child(ren), I will assure that the WIC food benefits are shared for my child(ren).

Use WIC checks/CVVs correctly:

I will follow the WIC check/CVV rules listed on the Idaho WIC Identification Folder. I can name another person to use WIC checks/CVVs. I will make sure that person knows how to use WIC checks/CVVs correctly.

Go to one WIC clinic at a time:

I will get checks from only one clinic at a time. If I move, I will ask for a transfer card.

Keep WIC appointments:

I will come to my appointments or call ahead when I need to reschedule.

Common courtesy:

I will treat WIC and store staff with courtesy and respect.

I understand my rights and responsibilities:

- All information I give WIC is true and accurate. WIC staff can check this information.
- I will tell WIC staff of any changes to the information I have provided.
- I will bring my Idaho WIC Identification Folder to every WIC appointment and every time I use a WIC check/CVV at an Idaho WIC authorized vendor (grocery store).
- I will not return WIC foods to the grocery store for money, credit, or other items. I will not sell, trade, or give away WIC checks/CVVs or WIC foods.
- I will not alter my WIC checks/CVVs. I can be charged with fraud.
- WIC is a federal program. If I break the rules, make false statements, intentionally misrepresent, conceal, or withhold facts about my eligibility for the WIC Program, I understand that:
 - I or my child can be taken off WIC.
 - I will have to pay money back to WIC for foods or formula I should not have received.
 - I can face civil or criminal prosecution under state and federal law.
- I will report lost or stolen WIC checks/CVVs to WIC staff even though they cannot be replaced. If I find the WIC checks/CVVs later, I will not use them and will call the WIC office to find out what to do with them.
- If I fail to pick up WIC checks/CVVs for two consecutive appointments, I may be terminated from the program.
- I will not get food from a Commodity Supplemental Food Program and WIC at the same time.
- I will be notified when and why my WIC program benefits will end.

What can I expect from WIC?

WIC foods:

If I qualify for WIC, I will get WIC checks/CVVs to buy healthy foods. I understand that WIC does not give all the food or formula needed in a month.

Nutrition and breastfeeding information:

WIC will give me helpful information for healthy eating and active living. WIC will provide support and help with breastfeeding.

Health care information:

WIC will give me information about finding a doctor and getting immunizations for my child. WIC will refer me to other services I need.

Fair treatment:

The rules for getting on WIC are the same for everyone. I can ask for a Fair Hearing if I don't agree with a decision about my WIC eligibility.

Common courtesy:

WIC staff will treat me with courtesy and respect.

By signing this form, you agree with the following:

- Staff have explained your rights and responsibilities for participating in WIC.
- You understand your rights and responsibilities.
- You agree to follow them.

Your rights and responsibilities are also written inside the Idaho WIC Identification Folder.

Signature of Responsible Adult	Signature of Authorized Signer	Effective Date
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To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202)720-6382 (TTY). The WIC Program is an equal opportunity provider and employer.