

DESSERTS

Baked Apples

6 apples—cored and sliced

1/3 cup white sugar

3 Tbsp flour

1/2 tsp cinnamon

1/2 tsp nutmeg

1/4 tsp ground cloves

1/2 cup raisins

1/2 cup chopped walnuts, *optional*

1/4-1/2 cup milk or apple cider

Preheat oven to 350°. Spray a 2 quart baking dish with non-stick cooking spray

Place apples in a large bowl. In a small bowl, mix together sugar, flour, cinnamon, nutmeg and cloves. Stir spice mixture into apples until evenly distributed. Fold in raisins and walnuts.

Spoon into prepared dish. Pour milk or apple cider evenly over apple mixture.

Bake in preheated oven for 45-60 minutes, or until soft and bubbly. Allow to cool slightly before serving.

Adapted from www.allrecipes.com